

Futen Dojo Bayview

Traditional Self Defense

You'll find that our program is unique. More than just punching and kicking, your lessons will also include yoga exercises, whole body conditioning, and the most effective and proven self-defense system that you can learn. All of our classes are taught by internationally certified instructors, and are limited to a ten to one instructor ratio.

So you'll receive the personalized attention that you simply can't find elsewhere.

Experience the difference for yourself. Call today to schedule your sample lesson.

	Group	Women's Self Defense	Weapons	Black Belt level
Monday	6:00-7:15pm 7:15-8:30pm			
Tuesday		7:00-8:00pm		
Wednesday	6:00-7:15pm 7:15-8:30pm			
Thursday	6:00-7:15pm 7:15-8:30pm			
Friday			6:00-7:15pm	
Saturday				
Sunday				12:15-1:30pm 1:30-2:45pm

FUTEN DOJO BAYVIEW

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414.736.9272

Voted Best Martial Arts School in Milwaukee!